

Healthy KaminSupa

HEALTH BENEFITS OF - SUGARCANE JUICE

- ✓ Instant energy booster
- ✓ Prevents bad breath and tooth decay
- ✓ Facilitates development of bones and teeth
- ✓ Cures febrile disorders
- ✓ Helps in liver functioning
- ✓ Combats cancer
- ✓ Helps people suffering from diabetes
- ✓ Toning the skin and all body tissues
- ✓ Moisturizing the skin and the body tissues
- ✓ Cleansing and stimulating the digestive system
- ✓ Revitalizing and detoxifying the liver, kidneys and blood stream
- ✓ Increasing male fertility and vitality

HEALTH BENEFITS OF - BEETROOT JUICE

- ✓ Naturally occurring nitrates to help lower your blood pressure
Boost your stamina by enhancing tolerance in High intensity Exercise
- ✓ Fight inflammation
- ✓ Unique source of betaine, a unique source of betaine, a nutrient that helps to protect cells, proteins and enzymes from environmental stress
- ✓ Anti cancer properties
- ✓ Reduces multi organ tumour 5 rich in valuable nutrients and fiber

HEALTH BENEFITS OF - TURMERIC

- ✓ Helps in reduction of Arthritic pain, Gout and Muscle pain due to its anti inflammatory properties
- ✓ Treats depression
- ✓ Treats constipation and cramping
- ✓ Detoxifies the body and improves liver function
- ✓ Increases concentration and boosts memory retention

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HEALTH BENEFITS OF - CARROTS

- ✓ Regulate Blood Cholesterol
- ✓ Improve Eye Health
- ✓ Manage Diabetes
- ✓ Lower Blood Pressure
- ✓ Boost Immunity
- ✓ Help in Digestion

HEALTH BENEFITS OF - CUCUMBERS

- ✓ It's High in Nutrients. Cucumbers are low in calories but high in many important vitamins and minerals
- ✓ It Contains Antioxidants. ...
- ✓ It Promotes Hydration. ...
- ✓ It May Aid in Weight Loss. ...
- ✓ It May Lower Blood Sugar. ...
- ✓ It Could Promote Regularity. ...
- ✓ Easy to Add to Your Diet.

HEALTH BENEFITS OF - CELERY

- ✓ Lowers Inflammation
- ✓ Reduces High Cholesterol
- ✓ Treats High Blood Pressure
- ✓ Prevents Liver Diseases
- ✓ Aids in Weight Loss
- ✓ Fights Infections
- ✓ Cures Bloating and Improves Digestion
- ✓ Reduces the Risk of Urinary Tract Infections
- ✓ Keeps Cancer at Bay
- ✓ Prevent Ulcers

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